

Birmingham Flames - Risk Assessment (including COVID outbreak / spread management)

Date of Risk Assessment: **29 11 2021**

What are the hazards?	Who might be harmed and how?	What are you doing already?	What further action is necessary	How will you put the assessment into action?		
How? Walk around gym; ask coaches; check manufacturers instructions; BG guidance	Who? Some gymnasts have particular needs; gymnasts and coaches; parents and members of the public; other hirers of the facility and centre staff	What is in place already to reduce likelihood of harm	Compare what already doing with good practice	Prioritise highest risks first		
				Action by	By when	Done
Risk of accidental injury through trips and falls on uneven matting	Gymnasts and coaches	<p>Gymnasts and coaches required to walk around gym and pay attention to floor matting and landing areas</p> <p>Supervision of gymnasts at all times in the gym</p> <p>Only approved activities to be undertaken (BG requirement to minimize risk)</p> <p>First aid trained coach / volunteer always available in building – first aiders to remain socially distant unless situation requires close examination or hands on care to be provided.</p> <p>First aid kit in Flames cupboard in gym</p>	<p>Wherever possible avoid different level of matting – occurrence / risk minimized as far as possible in design of centre</p> <p>First aid kit to include masks, gloves and hand gel. Additional supply of gloves and masks kept in black store box in gym</p>	AL / University	No specific date as the issue will continue where there are uneven surfaces	Ongoing
				AL	September 2020	Completed September 2020 And updated October 2021

		Defib available on outside of building by front door				
Risk of injury through poor quality safety mats, landing mats, or lack of maintenance of environment, matting and other equipment (e.g. slippery surfaces on vault, bars and beam when worn)	Gymnasts through use of slippery surfaces and when landing on poor quality foam within safety mats and in pits	New equipment installed in 2017, with some additional equipment in 2019, some older equipment is also still in use and will need to continue to be monitored Additional new mats and equipment donated by CWGC in near new condition and new vault topper, soft vault table and inflatable barrel purchased new in November 2021.	Maintain equipment and environment through general repairs and club to report damage	University	Ongoing annual checks and recommendation for replacement programme	Ongoing
Risk of unidentified wear leading to unexpected equipment failure	Gymnasts and coaches at risk if sudden equipment failure	Ensure kit is checked before start of every session, and complete pre-session checks	Immediate urgent reports to be reported by phone to security, other concerns raised via email to centre management	AL	Commenced September 2017	Ongoing process
Risk of injury (e.g. splinter) through equipment being used inappropriately by other users (e.g. leaving splinters on floor mats)	Gymnasts	Equipment maintenance programme	Remove all equipment likely to splinter and remind all hirers to avoid placing wooden equipment on floor matting	University		Complete, and ongoing maintenance checks and disposal of damaged equipment
Safeguarding 1 - Risk of people not involved in the session entering the building – security and safety risk	Gymnasts, coaches, parents	Swipe card entry for club officials only, signing in process, club volunteer in foyer	Whilst the reception is being covered by a volunteer, the door will be left open to allow flow of air and reduced need for touch by participants. The door will be closed when no volunteer reception is available.	AL /Volunteer reception rota	Commenced September 2017	Ongoing

Safeguarding 2 - Risk of gymnasts not being adequately supervised during lunch breaks (Saturday training sessions only)	Gymnasts leaving the building with strangers or being injured whilst playing	Gymnasts are supervised (line of sight) by parents/ adults and/or adult coaches – Gymnasts are required to stay in designated area and coaches sit in a place where gymnasts can be observed gymnasts but not restricting their play Older gymnasts sit in the same area as younger gymnasts offering supervision and a source of support	None. Gymnasts are clear (and regularly reminded) that they must not leave the area without speaking with a coach first	AL / coaches who are in charge of any Saturday session	Ongoing	Complete and ongoing
Coach failure to follow government guidelines re social distancing and hand hygiene	Gymnasts, coaches, risk of catching or spreading C19	<p>All coaches briefed by BG re coaching arrangements – 19 July 2021 BG latest guidance places no restriction on handling of gymnasts or use of shared equipment or social distancing/mask wearing</p> <p>Ratio of coaches / adults and participants meet BG guidelines</p> <p>Social distancing will continue to be encouraged</p> <p>Hand sanitizer available</p> <p>New national guidance for adults to wear face coverings in certain</p>	<p>Regular encouragement to gymnasts to maintain social distance</p> <p>Floor area to continue to be marked for Baby Gym sessions to continue to encourage social distancing</p> <p>All coaches were provided with a reusable face covering in December 2020</p>	<p>AL / all coaches</p> <p>AL</p> <p>AL</p> <p>All coaches</p>	<p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p>	<p>Ongoing</p> <p>use of Velcro stars introduced October 2020</p> <p>Ongoing</p>

		<p>environments and secondary age pupils in school. Therefore all adults expected to wear face coverings at all times in the building and coaches to wear face coverings whenever in close contact with gymnasts or other coaches</p> <p>Gymnasts to wear face coverings when moving around the building but will not be required to wear a face covering when training. All groups operate in line with BG guidance</p>	<p>Session plan allows for management of numbers into groups of no more than 8</p>	AL	ongoing	ongoing
Participant failure to follow government guidelines re social distancing and hand hygiene		<p>Ratio of coaches / adults and participants meet BG guidelines</p> <p>Hand sanitizer available and coaches and gymnasts will be encouraged to use regularly and especially when moving between apparatus</p>	<p>All coaches to remain vigilant to maintain good hand hygiene</p>			
Safeguarding 3	Coaches and participants	<p>Spectators reintroduced October 2021</p> <p>All coaches to have DBS checks in place and completed all required BG mandated training (including child</p>	<p>Spectators reintroduced October 2021, and continuous feed video in place.</p>	<p>Parent volunteer</p> <p>AL/Club welfare officer</p>	<p>Ongoing</p> <p>Ongoing</p>	<p>Completed and ongoing</p> <p>Completed and ongoing</p>

		<p>protection/safeguarding)</p> <p>Plan in place to detail action taken if coach or participants are approached by an unknown member of the public.</p>	<p>Plan for any coach or participant to report to head coach or in the case of adult coaches, to ask the individual to identify themselves and to take appropriate action (ask them to leave if not connected to the club or university)</p>			Ongoing
Hydration	Participants, coaches	<p>Participants to have their own source of hydration – this can be refilled at the water supply in the waiting area</p> <p>Sharing of water bottles will be discouraged</p>				
Use of apparatus / equipment	Participants, coaches	<p>All participants and coaches will wash hands / sanitise before and after any session and small apparatus will be wiped with antibac spray at the end of each training session</p>	<p>Apparatus is cleaned at the end of each session</p>	<p>AL / all coaches</p>	<p>Each session</p>	<p>Completed and ongoing</p>
Entering the building / returning to activity / coaching after isolation	Risk of transmission of virus to others	<p>Coaches and participants will be required to isolate in accordance with government guidance and be well before returning to the centre</p> <p>All adults and secondary age children will be</p>	<p>Parents and coaches to inform head coach whenever they are advised to isolate, and to stay away from the centre until period of isolation is complete</p> <p>Information sent to parents and coaches</p>	<p>All parents / coaches / gymnasts</p> <p>All adults entering the building</p>	<p>As required</p> <p>From 24 December 2021</p>	<p>Completed and ongoing</p> <p>Completed</p>

		expected to wear a face covering when entering the building, in the waiting and reception areas upstairs and when leaving the building at the end of the session				
Review Date:		March 2022 or sooner if BG and/or government guidance changes				
References		https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/providers-of-grassroots-sport-and-gym-leisure-facilities				
		<p>British Gymnasts-</p> <p>https://www.british-gymnastics.org/step-forward/places/introduction</p> <p>https://www.british-gymnastics.org/documents/clubs-schools-and-leisure-centres/covid-19/11431-step-forward-plan-version-4/file</p> <p>https://www.british-gymnastics.org/documents/clubs-schools-and-leisure-centres/covid-19/11431-step-forward-plan-version-4</p> <p>NEW July 2021: https://www.british-gymnastics.org/step-forward</p> <p>NEW July 2021: https://www.british-gymnastics.org/documents/clubs-schools-and-leisure-centres/covid-19/11431-step-forward-plan-version-4/file</p>				
		University of Birmingham, Sport & Fitness Post Covid Building Risk Assessment				